

STUDENT WARNING: This course syllabus is from a previous semester archive and serves only as a preparatory reference. Please use this syllabus as a reference only until the professor opens the classroom and you have access to the updated course syllabus. Please do NOT purchase any books or start any work based on this syllabus; this syllabus may NOT be the one that your individual instructor uses for a course that has not yet started. If you need to verify course textbooks, please refer to the online course description through your student portal. This syllabus is proprietary material of APUS.

CHFD415

Course Summary

Course : CHFD415 **Title :** Children and Stress

Length of Course : 8 **Faculty :**

Prerequisites : N/A **Credit Hours :** 3

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Description

Course Description:

This course examines historical and current research related to, and practical applications for managing and reducing, childhood stress within home, school and community environments. The effects of separation, divorce, violence, crises and trauma both within and external to the home, and events impacting local and extended communities will be addressed with a prevention and intervention focus.

Course Scope:

This course will examine many of the common and more serious cause-effect relationships of stress within children. Theoretical treatment approaches will be introduced as well as emphasis for the development of practical skills for parents and teachers.

Objectives

Welcome to Children and Stress.

After you have completed this course, you should be able to:

1. Define child trauma stress
2. Describe the prevalence of childhood trauma.
3. Compare and contrast the causes and effects of multiple types of childhood trauma
4. Create a collection of scientifically valid resources on childhood stress
5. Evaluate the impact of child stress on families
6. Evaluate the scientific validity of several popular trauma interventions

Outline

Week 1: Introduction

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Required Readings

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See readings listed in the eReserves

Assignments

Discussion 1

Week 1 Quiz

Week 2: Trauma, Natural Disasters

Required Readings

See readings listed in the eReserves

Assignments

Discussion 2

Assignment 1 due

Week 3: Domestic Violence

Required Readings

See readings listed in the eReserves

Assignments

Discussion 3

Week 3 Quiz

Week 4: Suicide

Required Readings

See readings listed in the eReserves

Assignments

Discussion 4

Week 4 Quiz

Week 5: Stress Management

Required Readings

See readings listed in the eReserves

Assignments

Discussion 5

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Week 5 Quiz

Week 6: Poverty

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Required Readings

See readings listed in the eReserves

Assignments

Discussion 6

Week 6 Quiz

Week 7: Adverse Childhood Experiences

Required Readings

See readings listed in the eReserves

Assignments

Discussion 7

Assignment 2 due

Week 8: Wrap up

Required Readings

See readings listed in the eReserves

Assignments

Discussion 8

Name	Grade %
Discussions	45.00 %
Grading: Introductions	5.63 %
Week 2: Natural Disasters	5.63 %
Week 3: Domestic Violence and Abuse	5.63 %
Week 4: Suicide	5.63 %
Week 5: Tips on Stress	5.63 %
Week 6: Poverty	5.63 %
Week 7: Adverse Childhood Experiences Study	5.63 %
Week 8: Forum 8: Student developed program	5.63 %
Assignments	45.00 %
Assignment 1: Kinds of trauma	22.50 %
Assignment 2: Trauma within the United States	22.50 %
Quizzes	10.00 %

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Week 1 Quiz	2.00 %
Week 3 Quiz	2.00 %
Week 4 Quiz	2.00 %
Week 5 Quiz	2.00 %
Week 6 Quiz	2.00 %

Materials

Book Title: To find the library e-book(s) req'd for your course, please visit <http://apus.libguides.com/er.php> to locate the eReserve by course #.

Author: No Author Specified

Publication Info:

ISBN: N/A

Book Title: Assessing and Treating Youth Exposed to Traumatic Stress - e-book available in the APUS Online Library

Author: Carrion, Victor

Publication Info: Amer Psychiatric Pub Lib

ISBN: 9781615371426

Course Guidelines

Late Assignments

Students are expected to submit classroom assignments by the posted due date and to complete the course according to the published class schedule. As adults, students, and working professionals, I understand you must manage competing demands on your time. Should you need additional time to complete an assignment, please contact me **before** the due date so we can discuss the situation and determine an acceptable resolution. Late submissions that are submitted without prior approval will be graded according to the APUS Late Policy.

APUS Late Policy

Students are expected to submit assignments by the due dates listed in the classroom. Late assignments, including but not limited to Assignments, Discussions, posts and responses, quizzes, and exams, may or may not be accepted after the course end date. Submitting an assignment after the due date may result in a penalty of up to 10% of the grade per day late, not to exceed a maximum 50% of the grade. The amount of the penalty is at the faculty member's discretion. Faculty recognize that students have limited time and may be more flexible if potential delays are communicated ahead of time.*

*Doctoral and Programs with specialty accreditation may have different late policies.

**Students with DSA accommodations may have different late policies applied. For more information

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Citation and Reference Style

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Students will follow the current edition of the American Psychological Association (APA) Style Guide as the sole citation and reference style used in written work submitted as part of coursework to this course. Assignments completed in a narrative essay or composition format must follow APA formatting.

Discussion Assignments

These are interactive dialog assignments designed to help you connect with your classmates in course related discourse and form a learning community. They are located under the “Discussions” of your course screen. Please carefully read the discussion prompt each week. Post your initial response by 11:59 PM on Wednesday of the week and 2 reply posts to classmates by 11:59 PM on Sunday of the week. The grading rubric and requirements for discussions can be found in the Discussion section of the classroom. You are encouraged to post substantively and on-time as this facilitates the advancement of the discussion.

Netiquette

Online universities promote the advancement of knowledge through positive and constructive debate – both inside and outside the classroom. Forums on the Internet, however, can occasionally degenerate into needless insults and “flaming.” Such activity and the loss of good manners are not acceptable in a university setting – basic academic rules of good behavior and proper “Netiquette” must persist. Remember that you are in a place for the rewards and excitement of learning which does not include descent to personal attacks or student attempts to stifle the Forum of others.

Humor Note: Despite the best of intentions, jokes and especially satire can easily get lost or taken seriously. If you feel the need for humor, you may wish to add “emoticons” to help alert your readers: ;-), :), J

APUS Online Library

The Online Library is available to enrolled students and faculty from inside the electronic campus. This is your starting point for access to online books, subscription periodicals, and Web resources that are designed to support your classes and generally not available through search engines on the open Web. In addition, the Online Library provides access to special learning resources, which the University has contracted to assist with your studies. Questions can be directed to librarian@apus.edu.

- **Charles Town Library and Inter Library Loan:** The University maintains a special library with a limited number of supporting volumes, collection of our professors’ publication, and services to search and borrow research books and articles from other libraries.
- **Electronic Books:** You can use the online library to uncover and download over 50,000 titles, which have been scanned and made available in electronic format.
- **Electronic Journals:** The University provides access to over 12,000 journals, which are available in electronic form and only through limited subscription services.
- **Tutor.com:** AMU and APU Civilian & Coast Guard students are eligible for 10 free hours of tutoring provided by APUS. [Tutor.com](https://www.tutor.com) connects you with a professional tutor online 24/7 to provide help with assignments, studying, test prep, resume writing, and more. Tutor.com is tutoring the way it was meant to be. You get expert tutoring whenever you need help, and you work one-to-one with your tutor in your online classroom on your specific problem until it is done.

Communications

Student Communication

To reach the instructor, please communicate through the MyClassroom email function accessible from the Classlist of the Course Tools menu, where the instructor and students email addresses are listed, or via the

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Office 365 tool on the Course homepage.

- In emails to instructors, it's important to note the specific course in which you are enrolled. The name of

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the course is at the top center of all pages.

- Students and instructors communicate in Discussion posts and other learning activities.
- All interactions should follow APUS guidelines, as noted in the [Student Handbook](#), and maintain a professional, courteous tone.
- Students should review writing for spelling and grammar.
- [Tips on Using the Office 365 Email Tool](#)

Instructor Communication

The instructor will post announcements on communications preferences involving email and Instant Messaging and any changes in the class schedule or activities.

- Instructors will periodically post information on the expectations of students and will provide feedback on assignments, Discussion posts, quizzes, and exams.
- Instructors will generally acknowledge student communications within 24 hours and respond within 48 hours, except in unusual circumstances (e.g., illness).
- The APUS standard for grading of all assessments (assignments, Discussions, quizzes, exams) is five days or fewer from the due date.
- Final course grades are submitted by faculty no later than seven days after the end date of the course or the end of the extension period.

University Policies

Consult the [Student Handbook](#) for processes and policies at APUS. Notable policies:

- [Drop/Withdrawal Policy](#)
- [Extension Requests](#)
- [Academic Probation](#)
- [Appeals](#)
- [Academic Dishonesty / Plagiarism](#)
- [Disability Accommodations](#)
- [Student Deadlines](#)
- [Video Conference Policy](#)

Mission

The [mission of American Public University System](#) is to provide high quality higher education with emphasis on educating the nation's military and public service communities by offering respected, relevant, accessible, affordable, and student-focused online programs that prepare students for service and leadership in a diverse, global society.

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Minimum Technology Requirements

Please consult the catalog for the minimum hardware and software required for [undergraduate](#) and [graduate](#) courses.

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- Although students are encouraged to use the [Pulse mobile app](#) with any course, please note that not all course work can be completed via a mobile device.

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Disclaimers

- Please note that course content – and, thus, the syllabus – may change between when a student registers for a course and when the course starts.
- Course content may vary from the syllabus' schedule to meet the needs of a particular group.